



INSTITUTE OF HEALTH MANAGEMENT RESEARCH
South Campus, IIHMR Group

Institute of Health Management Research,
Bangalore (IIHMR – B)
Announces

Online training program on

Practicing Public Health Nutrition

Practicing Public Health Nutrition (11th May-13th May, 2021)

Training Report

Certificate Course

3 days

3:00 pm- 5:00 pm

www.iihmrbangalore.edu.in

1. Introduction

IIHMR Bangalore offered a 3 – day long online training program on Practicing Public Health Nutrition to selected health care related professionals. Participation in this course, enabled professionals in field to augment their knowledge on Public Health Nutrition and offer better services in the community, they were benefitted with regular updates on fresh knowledge, rationales for changes and tips to incorporate such updates into their day to day service delivery and practice.

2. Background and Objectives

There is a critique in the Health care delivery system that most of the knowledge generated and suggested under policies do not turn into practice. Professionals who are working in field, either directly or indirectly can deliver better services if they are given hands on trainings and supported to augment their knowledge without disturbing their routine activities. Both public as well as private professionals need regular capacity building programs. In this context a 3 day online training program for healthcare professionals was planned between 11-13th May 2021

Course objectives:

- To orient the participants in current trends in Public Health Nutrition
- To upscale the knowledge in various aspects of malnutrition and its management

3. Program duration and venue:

3 – day long online training program was conducted between 11-13th May 2021

4. Training Team:

Resource person	Designation
Dr. Tara MS	Nutrition expert, Former Regional Director of NIPCCD
Dr. Manjunatha R	Professor and Dean – Research and Publications IIHMR Bangalore
Dr. Naveeda Khatoon	Assistant Director NIPCCD, Bangalore
Dr. Jyoti Vijay	Assistant Professor IIHMR Bangalore
Ms. Rijuta Pandav	Deputy Lead Food Fortification Resource Centre (FFRC) FSSAI, Govt. of India
Dr. Usha Manjunath	Professor and Director IIHMR Bangalore

5. Structure of the program:

- Program duration and venue: 3 days online training
- Mode of training delivery (Online/Offline): Online
- Evaluation/Assessment (Pre and Post): No
- Number of participants and profile: 57
- Topics covered on the respective days:

6. Training Method:

- Details about how participants were engaged, activities carried out to ensure learning

Power point presentations followed by interactive discussions.

Quiz competitions were conducted in the sessions

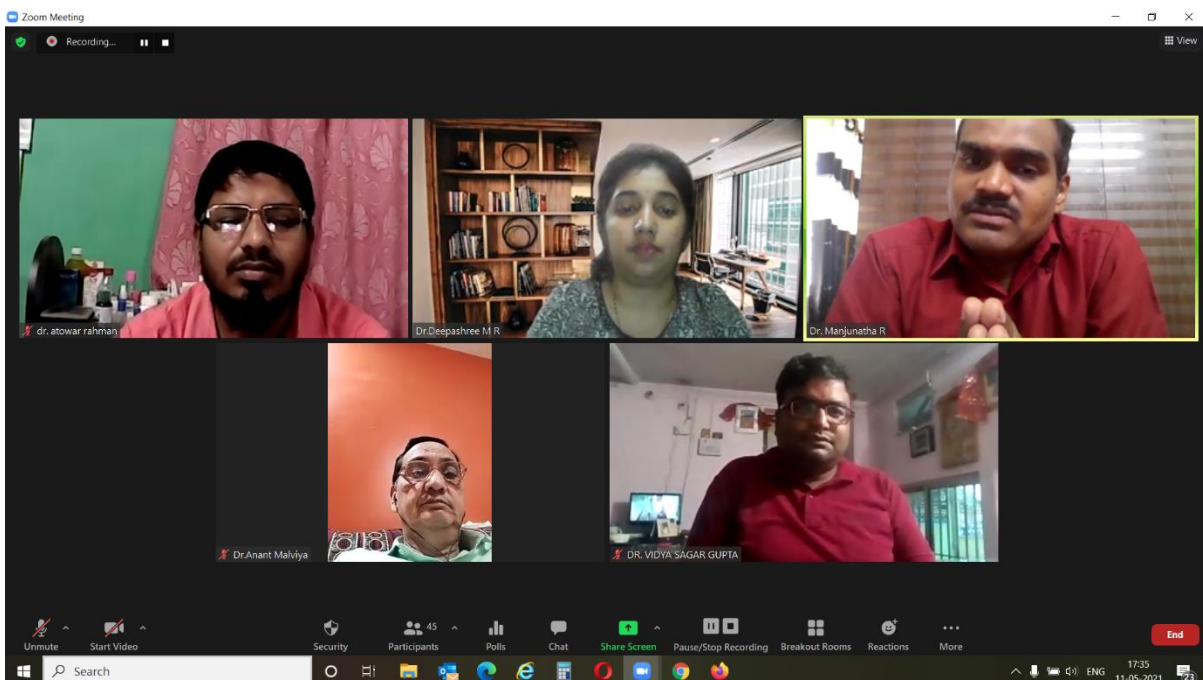
7. Outcomes of the programs:

- Augmentation of knowledge on public health nutrition among the participants
- Karnataka Medical Council provided 03 CME credit points to allopathic doctors who participated in the program.
- Scientific discussions on malnutrition, anthropometric measurement, nutritional deficiency disorders, food fortification, dietary diversity, etc. were held

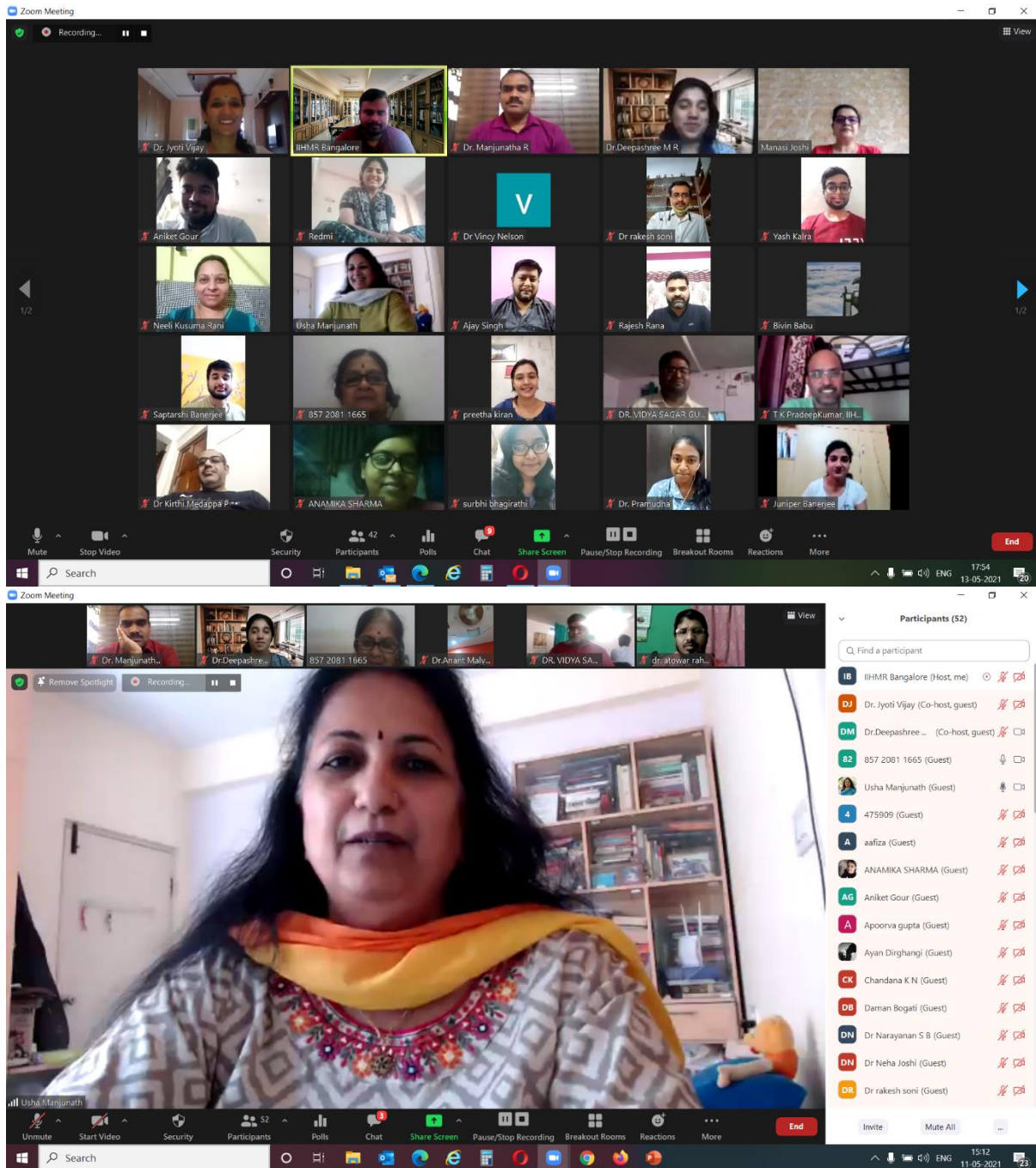
8. Recommendations:

This type of technical trainings to be organized every year, and participants suggested IIHMR Bangalore to take up more and more such training programs, and length of the training program need to be at least for 10 days

9. Glimpses of the programs:



Centre for Learning and Development, IIMR Bangalore
Training Report



10. **Annexure:** Session plan

Time	Session	Resource Person
	Inauguration	
Day 01: Malnutrition – An overview		
03 to 04 PM	National Nutrition Scenario – Triple burden of malnutrition	Dr. Tara MS
04 to 05 PM	Burden of micronutrient deficiencies	Dr. Manjunatha R
Day 02: Upgrading skills for nutritional assessments		
03 to 04 PM	Screening Techniques Anthropometric and clinical assessments	Dr. Naveeda Khatoon NIPCCD, Bangalore
04 to 05 PM	Dietary assessment techniques	Dr. Jyoti Vijay
Day 03: Addressing Malnutrition: A Holistic Approach		
03 to 3.45 PM	Dietary Diversity, and Food fortification	Ms. Rijuta Pandav FSSAI
03. 45 to 4.15 PM	Addressing malnutrition - Multisectoral approach	Dr. Tara MS
4.15 to 05 PM	Nutrition advocacy – IEC / BCC	Dr. Usha Manjunath

