



Certificate Course in

Nutrition and Health

Jointly offered by IHMR Bangalore & Food Science and Nutrition Dept.
University of Mysore

Course Duration : 6 months

**Admissions
Open
Seats are
limited to 20**

www.ihmrbangalore.edu.in

Certificate course in Nutrition and Health

Course Overview

IIHMR Bangalore is offering a certificate course in association with Mysore University on Nutrition and Health (CCNH), is a hybrid program (on-line interactive and contact classes) to selected health care related professionals. Participation in this course, will enable professionals in field to augment their knowledge on Public Health Nutrition and offer better services in the community, they will be benefitted with regular updates on fresh policies, rationales for changes and tips to incorporate such updates into their day to day service delivery and practice.

Course Objectives

- To increase awareness and understanding about nutrition science relating to the field of health
- Better understanding of Nutrition and Health inter-dependency
- Improved capacity on implementing nutritional concepts in day to day practice for effective service delivery
- Better understanding on use of epidemiological methods in conducting nutritional studies and applications of community approaches to nutrition.
- Improved capacity on management of special situations like
 - Malnutrition , Undernutrition & Overnutrition
 - Nutrition in pregnancy, lactation
 - Nutrition in Infancy & Childhood
 - HIV/AIDS TB, etc
- Conceptualize and understand multi-sectoral interventions in nutrition and health at all levels- individual, household and community
- Increased understanding about approaches, methods and skills in nutrition and Health promotion of the masses

Eligibility Criteria

The Certificate Program is open to:

- Graduates from life science disciplines including medical graduates, nutrition, paramedical and Nursing.
- Health Personnel including public health educators/ workers and health assistants.
- Practitioners in private hospitals, NGOs etc. and Researchers in Nutrition and Health (UG/PG/Ph.D.)
- Program Managers from Department of - Health/ Food & Civil Supplies/ ICDS/ Women & Child Welfare/ Social Welfare/ Panchayat Raj/ Rural Development, etc

Note: Applicants in service in the above-mentioned categories will be given preference



Certificate course in Nutrition and Health

Course Outline

- The total duration of the course is six months & 12 Credit point course
- The course has 5 modules and comprises of theory and field-based activity components
- **Activity Details**
 - First Interactive teaching and classes : Online Mode
 - Assignment -1 : On-line Submission
 - Assignment -2 : On-line Submission
 - 2nd Interactive Teaching workshop and Project paper presentation : 5 days of contact classes
- Interactive teaching workshop/contact Classes will be conducted on-line. Students can access recorded classes.
- The exact dates of class schedule, on-line access and place of contact sessions will be put in the University/IIHMR Bangalore website.
- The assignment details will be sent through email to registered participants. Submission of reports/assignment through online only.
- Selection of topic for project will be done in 1st Interactive teaching workshop/online class after discussion with allocated guide. Synopsis of one page inclusive of title, objectives & methodology to be submitted before start of project work.

Note: It must be noted that due to COVID 19 Pandemic situation, the course work will be offered both through on-line and off-line mode.

Technology Requirement

- Internet access is required to attend online classes. The minimum Internet speed is 512 kbps.
- For Online classes , IIHMR Bangalore's e - learning (LMS) platform will be used
- Participants can login through Mobile/Laptop/iPad

Course Fee

Per candidate: Rs. 31,000/-

For Foreign candidate: 425 USD

Course fee includes : Course materials, access to library resources; On-line classes and mentoring; Computer lab during contact classes; Lunch and Tea during contact classes; Shared accommodation @ IIHMR - Electronic City, Bangalore/University of Mysore; during 5-day contact classes. The course fee does not include the travel to reach and return from the institutions/field level activities.



Certificate course in Nutrition and Health

Evaluation

Evaluation on each module and project is as per the prescribed norms of the University of Mysore. Candidates who successfully complete the course will be awarded the certificate. The certificate carries the signatures and emblems of both the institutions.

Course Co-Ordinators

Dr. Asna Urooj

Professor & Chairperson

PG Dept of Food Science and Nutrition

University of Mysore, Manasagangothri, Mysore - 6

asnaurooj@foodsci.uni-mysore.ac.in

Dr. Usha Manjunath

Professor & Director

Institute of Health Management

Research Bangalore

usha.m@iihmrbangalore.edu.in

For Registration

[Click Here for details](#)

[Click here for application](#)

For more details Contact:

Dr. Jyoti Vijay

Assistant Professor, IIHMR, Bangalore

email : jyoti.v@iihmrbangalore.edu.in

Mobile Number: 9649533116

*****Seats are limited to Only 20**

About IIHMR Bangalore:

IIHMR Bangalore is the South Campus of Indian Institute of Health Management Research, Jaipur. We are a premier Institute in healthcare education, research and Consultancy services and training/MDP's. Our flagship 'Post Graduate Programme' is a two-year full time programme approved by AICTE.

IIHMR Bangalore organizes in-house trainings and customized trainings for working professionals in Hospital Management, Front office management, Nursing Management, Quality Assurance, NABH related trainings, Soft Skills etc. IIHMR Bangalore is the 1st educational Institute in India to be accredited by NABET as Hospital and Healthcare consultant organization for NABH standards (Quality Council of India, QCI).

**Address: #319, Near Thimma Reddy Layout, Hulimangala, Electronic City - 1, Bangalore 560105 | Contact Number : 080 61133800
Toll Free Number: 18005722728 | www.iihmrbangalore.edu.in**

About Food Science and Nutrition Dept, University of Mysore :

University of Mysore has sown a seed of M.Sc. Course in Home Science in the year 1970 at the palatial mansion in Manasagangothri campus. A seed sown on that day has grown up as a tree of Department of studies in Food Science and Nutrition (Formerly Department of Studies in Home Science until 6th February 1994) offering Postgraduate and Doctoral Degree programme in Food Science and Nutrition, Human Development covering the following areas of study: University of Mysore is the only University offering postgraduate and Ph.D. courses in Food Science and Nutrition in the state of Karnataka since more than three decades. The master's programme in Human Development was introduced in the academic year 1993-94. The department celebrated Silver Jubilee in the year 1995.

**Address : Department of Food Science and Nutrition,
University of Mysore, Manasagangothri,
Mysore -570006 | Ph: 0821-2419639**

