



Certificate Course in Advancing Excellence in Clinical Nutrition

Admissions Open!

**06
KMC CME Points**

NEED OF THE COURSE

Emerging burden of lifestyle related non-communicable diseases are governed by a cluster of risk factors driven by human behavior. Nutrition plays an important role in prevention and treatment of lifestyle related diseases, weight reduction and effective disease management by providing best clinical nutrition practices. Hence, the course is designed to orient healthcare practitioners and others to the knowledge of best practices on nutritional screening, assessment, and nutritional management in various medical conditions. The course aims to improve good clinical nutritional practices in the field of disease prevention and management.

TARGET AUDIENCE/PARTICIPANTS

Doctors, Dentist, AYUSH professionals, Nurses, Fitness experts, Physiotherapists, Pharmacists, Graduates and Post-graduates from Nutrition/Dietetics/Food Science/Sports Nutrition, Research scholars, Healthcare practitioners and others.

COURSE HIGHLIGHTS

- Course Fee: INR 30,000/- inclusive of GST (Scholarships Available up to 50%)
- Course Duration: 3 Months
- Sessions- Tuesdays and Thursdays
- Timings: 5:30 PM to 7:00 PM IST
- Live online session
- Case scenario/knowledge sharing by a clinical nutrition expert
- Networking with participants

OBJECTIVES

- To integrate the knowledge of nutritional screening and assessment, various medical conditions, and their nutritional management
- To upskill and upgrade practical knowledge in the field of clinical nutrition



LEARNING OUTCOMES

Upon completion of this course, participants will be able to integrate therapeutic nutrition knowledge into the best nutritional practice in the organization to prevent and control disease initiation and progression. The participants will be able to:

- Understand the basic concepts of nutrition and its interaction with health
- Build the knowledge on basic principles of advanced clinical nutrition and modification of normal diet
- Develop understanding on role of nutritional factors in disease prevention and management
- Estimate nutritional requirement during various medical conditions to better serve the community

COURSE STRUCTURE

This course is the outcome of intense research by IIMR-Bangalore faculty and leading practitioners working in the field of nutrition. The course curriculum has been designed to integrate immense learning for participants to develop in-depth knowledge and understanding on importance of nutrition for prevention and treatment of diseases. The course will be conducted in limited batch capacity to maximize participants learning potential.

INTEGRATED CURRICULUM

- **Module 1:** Nutrition, Health and Disease
- **Module 2:** Nutrition-Life Cycle Approach
- **Module 3:** Introduction to Clinical Nutrition, Nutrition Assessment and Diet Modification
- **Module 4:** Disease and Nutrition Management

PEDAGOGY

- Integrated Curriculum
- Case studies / Case scenarios
- Experiential sharing by the nutrition practitioners
- Lectures/videos and reading materials



EVALUATION CRITERIA

- Class participation (75% attendance)
- Case study/Assignments submission and presentation - 50%
- Final Examination - 50%

NO. OF PARTICIPANTS – 20

PROGRAM DIRECTOR & COORDINATOR



Dr. Jyoti Vijay

PhD, Food Science & Nutrition
Assistant Professor
IIHMR-Bangalore

TECHNICAL EXPERT (NUTRITION)



Dr. Priti Vijay

Head, Department of Dietetics,
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KNOWLEDGE PARTNER

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ABOUT IIHMR BANGALORE

Institute of Health Management Research, Bangalore (IIHMR-Bangalore) is a premier Institute for Hospital & Health Management Education in South India. IIHMR-Bangalore has a legacy over a decade for imparting Health & Hospital Management Education, Training & Research activities in South India. IIHMR-Bangalore offers 2 years full-time PGDM (Post Graduation Diploma in Management) in Hospital & Health Management.

CONTACT DETAILS

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