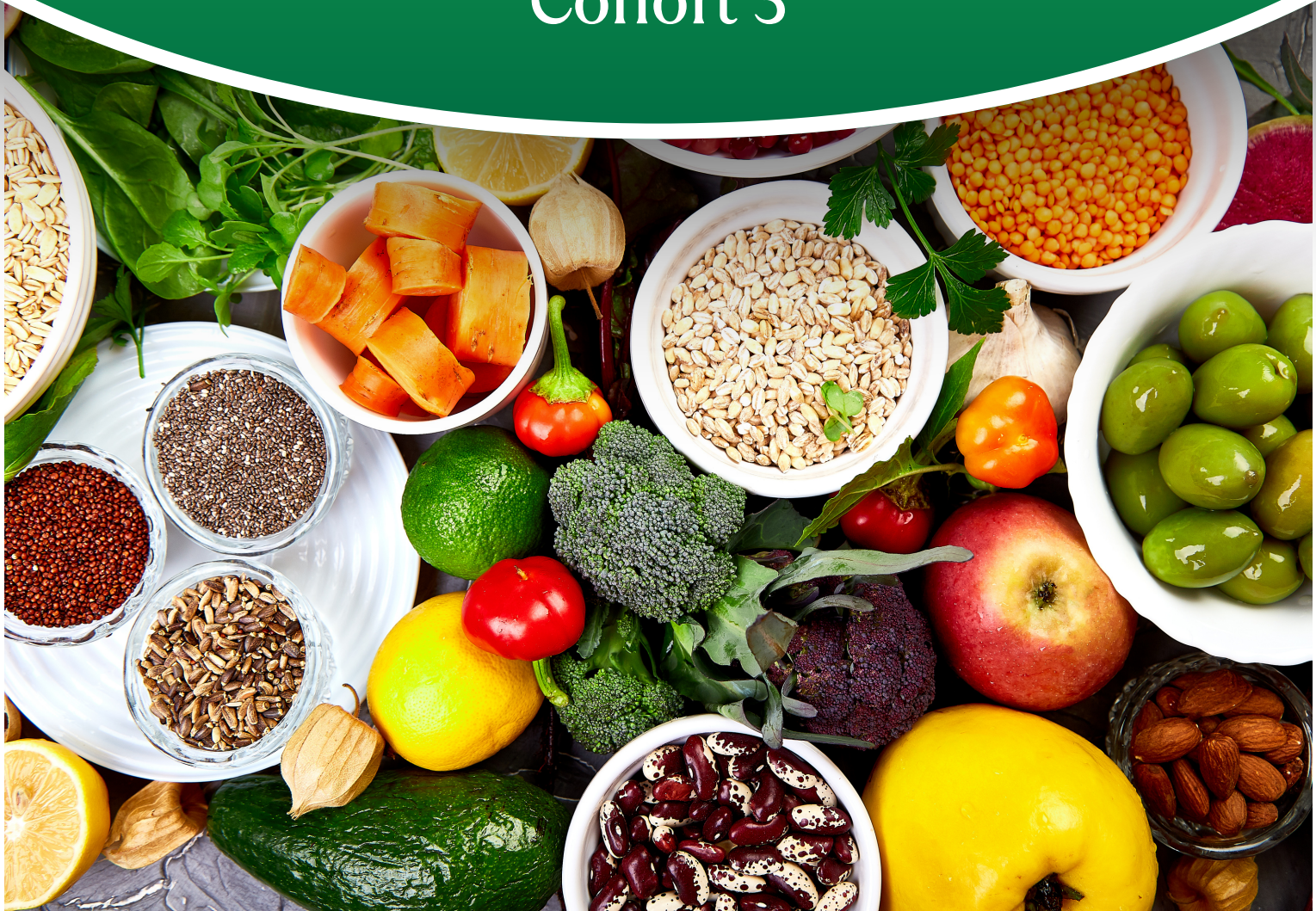


Certificate Course in
**Advancing Excellence
in Clinical Nutrition (AECN)**
Cohort 3



Course Starts
November 2025

Course Duration
3 Months (Online)

30 Limited
Seats

06 KMC CME
Points

Every Tuesday and Thursday @ 5.00pm to 6.30pm

Admissions Open!!

FACTS

Burden of NCDs in India

- 1 in 3 Indians have high BP
- 1 in 4 Indians have Diabetes or Pre-Diabetes
- 2 in 5 have BMI 23 and above
- 4 in 5 Indians have elevated Cholesterol or Triglycerides

COURSE OBJECTIVES



To provide healthcare practitioners with a comprehensive understanding of the fundamentals of nutrition and its critical role in preventing and managing lifestyle-related non-communicable diseases across all age groups.



To equip participants with practical skills in nutritional screening, assessment, and tailored dietary interventions for effective disease prevention, weight management, and clinical treatment.

COURSE HIGHLIGHTS

- Master Class by Clinical Nutrition Experts
- Menu Planning for Disease Prevention & Management
- Live interactive online sessions
- Networking with participants
- Case scenario
- Peer Learning
- Certificate on Completion
- Expert curated curriculum for evidence based nutrition practice

Who should Enroll ?

- Healthcare practitioners with backgrounds in Medicine, Dentistry, AYUSH, Nursing, Fitness, Physiotherapy, Pharmacy, Nutrition, Food Technology, Food Science, Sports Nutrition, and other healthcare fields.
- Graduates, Postgraduates, Research Scholars, desirous of career in nutrition and life style.



PROGRAM CONTENT

Module 1

Basics of Nutrition

- Nutrition & Health
- Macronutrients, Micronutrients

Module 2

Nutrition across the Life Cycle

- Childhood, Adolescence, Adulthood & Elderly
- Pregnancy & Lactation

Module 3

Fundamentals of Clinical Nutrition

- Principles of Clinical Nutrition, Screening & Assessment
- Therapeutic Diet, Meal Planning

Module 4

Weight Management

- Underweight, Overweight & Obesity

Module 5

Nutritional Interventions for managing NCDs

- Hypertension, Diabetes, Arthritis
- PCOS, Cardiovascular Diseases, Stroke, Cancer

Module 6

Nutritional Interventions for managing Other Health Conditions

- GI disorders, Kidney Diseases, Liver Disorders, Food allergy & Intolerance, Gout, etc.

Key Takeaways

Upon completion of this course, participants will be able to:

- Acquire comprehensive knowledge of fundamental nutritional concepts, dietary needs across different life stages, and the role of nutrition in managing and preventing lifestyle-related diseases.
- Assess the risk of malnutrition for better disease management.
- Apply best dietary practices to develop personalized nutrition plans for disease management, weight control, and overall health improvement, integrating these strategies into clinical practice to enhance patient care.

Pedagogy

- Interactive Sessions
- Case studies/Case scenarios
- Lectures/videos and reading materials.
- Skill labs

Evaluation Criteria

- Class participation* – 20%
- Mid-term assessment – 40%
- Final Examination – 40%

**Minimum 75% participation in sessions is mandatory*

Award of Certificate

A certificate of completion will be awarded by IIHMR Bangalore to participants upon successful completion of the programme and satisfying programme requirements

APPLICATION PROCESS

To register please click the below link and fill in the application form

<https://forms.gle/55EstIuc3sY2SFx5>

or Scan for Registration



COURSE FEE

₹ 17,000

(Including GST 18%)

DURATION

3 Months
Part-Time
Tuesday & Thursday
(5:00pm-6:30pm)

RESOURCE PERSONS



Dr. Anuja Agarwala

Former Senior Dietitian
Department of Pediatrics
AIIMS, New Delhi



Dt. Priti Vijay

Head, Department of Dietetics
Santokba Durlabhji Memorial
Hospital Jaipur



Dr. Suparna Mukherjee

PhD Scholar, RD, MSc
In charge -Clinical Nutrition
Department, Narayana Institute of
Cardiac Science, Bangalore



Dr. Sandhya Singh S

Ph.D. Senior Clinical Dietitian,
Department of Nutrition &
Dietetics Apollo Hospitals
Bangalore



I must say its a wonderful course which caters content right from the basics to the intricacies of clinical nutrition in various scenario. I will recommend this course to all the persons involved in patient care and dietetic practices..

Dr. Richa

Associate Professor, ABVGMC, Vidisha, MP

PROGRAM COORDINATOR



Dr. Jyoti Vijay

PhD, Food Science & Nutrition
SRF ICMR
Assistant Professor
IIHMR Bangalore



About IIHMR Bangalore

IIHMR, Bangalore is a premier Institute for Hospital and Health management education in South India. Founded in the year 2004 as the south campus of IIHMR Group of Institutions, IIHMR Bangalore offers a flagship program in Hospital, Health, Health IT, and Pharmaceutical Management. The institution received NABET Accreditation as a Consultancy organization for NABH in 2010 and was ranked as the top Hospital Management college by higher education review magazine. It is also Accredited by the National Board of Accreditation (NBA) and Association of Indian Universities(AIU). IIHMR Bangalore's motive is to create a positive impact in the dynamic health sector through knowledge creation, capacity development, and management research.

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