



MOUNT CARMEL COLLEGE
AUTONOMOUS, BENGALURU



Institute of Health Management Research



Workshop on

APPLICATION OF QUALITATIVE RESEARCH IN NUTRITION-COHORT 4

2 Days | Hybrid interactive sessions

Collaboratively organized by

Institute of Health Management Research (IIHMR), Bangalore

&

Department of Food Science and Nutrition
Mount Carmel College, Autonomous, Bengaluru



Date & Time

19th – 20th February 2026
9:30 AM – 5:00 PM

Venue

IIHMR South Campus,
Bangalore

OVERVIEW

This workshop is designed with the aim of application of qualitative research methods into nutrition and dietetics research to understand food related behaviors. It provides an overview of qualitative methodology & its use, study design and difference between qualitative and quantitative research methods. It also integrates the knowledge and practical use of qualitative data collection tool such as interview, focused group discussion and case study, coding and analysis of qualitative data and its interpretation.



OBJECTIVES

The objective of the workshop is:



To integrate the knowledge of Qualitative methodology and its scope for nutrition behavior research.



To provide knowledge and hands-on exercises on qualitative data collection tools, guide preparation, and coding.



To develop skills in data analysis and interpretation for a better understanding of nutrition-related behaviors.

TARGET AUDIENCE

Students, Research Scholars and Professionals working in Nutrition, Health, Allied Health Science, Management and Social Development Sector.



LEARNING OUTCOMES

After completing this workshop, the participant will be able to:

- Understand the emerging need of qualitative research in nutrition related studies.
- Understand the difference between qualitative and quantitative research methods.
- Gain a comprehensive understanding on the application of qualitative research methodology and study design, particularly in the area of nutrition & health
- Gain proficiency in the practical application of qualitative research tools in field settings.
- Use the Nvivo software for qualitative data analysis and interpretation

PEDAGOGY

- Lectures, Presentations and Videos
- Practical sessions on conducting FGD, IDIs/KIIs
- Reading materials and handouts
- Experiential sharing
- Hands on training on NVIVO software for data analysis and interpretation

COURSE FEE

RS. 3500

(for industry participants)

RS. 2500

(for Students)

APPLICATION PROCESS



To register scan the QR code & fill the application form

<https://bit.ly/AQRN-4>

KEY RESOURCE PERSONS



Dr. Usha Manjunath

*Professor & Director
IIHMR Bangalore*



Dr. Sarala R

*Professor & Dean
Dean-Academics & Student Affairs
Dean-Research & Publications
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PROGRAM COORDINATORS



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